



Grow Better Health With Gardening

This puzzle contains 20 words about the many benefits of growing fruits, veggies and herbs. Give your brain a workout and find them all.

ACCOMPLISHMENT

F L O W E R A R R A N G I N G

ACTIVITY

M I K P G P N Y D Y Y I W A B

BEAUTY

S T R E N G T H E N I N G C U

BULBS

EXERCISE

F D S D G I D E C J O T I C L

FLAVOR

J I M P V S T X S N B H A O B

FLOWER ARRANGING

FLOWERS

S I D I Z S Y E F V B E D M S

FRESH AIR

D T T F E S I R R I E R J P N

FRUITS

K C R V L G X C N T A A Y L U

HARVEST

A V R E G O V I M A U P S I T

HERBS

T A G E T B W S Q M T E P S R

NATURE

NUTRITION

H C V D C C H E M I Y U I H I

SPIRIT

F L A V O R H E R N J T R M T

STRENGTHENING

STRETCHING

D F R E S H A I R S Y I I E I

THERAPEUTIC

C C R X A C Y P N B E C T N O

VEGGIES

W G X F R U I T S G S P Z T N

VITAMINS