

WORDS OF WISDOM

Older adults are sharing a lifetime of experience and knowledge with the younger generation. Here are 20 values they mention again and again.

V L R B N S L E A R N I N G O
S O Y P L A N N I N G O N R E
G Y I U H M Z T F A M I L Y K
N K F R O T C Z U R D E E S I
O Y M P M E O L N N I H T P N
K O X O P H O N A L T E K I D
S Z P S A F E T Y U F F N L N
V A E E G U S A R L G D F D E
F R V H N R Q T L X X H C T S
N O K I E M O Z Z T A B T F S
L Q S D N E I W T X H O K E A
Z U N G U G U N T O T J Y D R
J U S T I C E V D H E A L T H
H H G X W M O D E R A T I O N
R H E A P E R S P E C T I V E

FAMILY
FRIENDS
GROWTH
HEALTH
JUSTICE
KINDNESS
LAUGHTER
LEARNING
LOVE
MODERATION
OPEN MIND
PERSPECTIVE
PLANNING
PURPOSE
RESPECT
SAFETY
SAVING
TRUTH
UNDERSTANDING

