

GRACE BARKER HEALTH MENU

	FRIDAY September 11th	SATURDAY September 12th	SUNDAY September 13th	MONDAY September 14th	TUESDAY September 15th	WEDNESDAY September 16th	THURSDAY September 17th
BREAKFAST	English Muffin Fried Egg Sausage	Danish w/ Scrambled Eggs	Bacon w/ Scrambled Eggs	Omelet w/Home Fries	French Toast w/Scrambled Eggs	Muffin of the Day w/Fried Egg & Sausage	Pancake w/ Boiled Egg
LUNCH	Meatloaf w/ Lyonnaise Potatoes & Sauté Fresh Vegetables	Chicken Cordon Bleu w/ Garlic Mashed Potato & California Vegetables	Stuffed Peppers Over Noodles w/ Peas	Baked Fish w/ Stuffed Potatoes & Key Largo Vegetables	Meatball & Ziti w/ Green Beans	Seafood Casserole Over Rice w/ Carrots	Cookout Cheese Burger French Fries Corn On The Cob
ALTERNATE LUNCH	Crab Cake	Pork Cutlet	Battered Shrimp	Turkey Dinner	Grilled Sausage	Balsamic Chicken	Hotdog
DINNER	Turkey Rice Soup w/ Turkey Sandwich & Tarter Tots	Tomato Soup Grilled Cheese w/ Pickled Beets	Chicken Orzo Soup Chicken Salad Sandwich w/ Side Salad	Italian Wedding Soup Hot Ham & Swiss on Croissant w/ Pasta Salad	Clam Chowder Tuna Fish Sandwich w/ Cole Slaw	Minestrone Soup Shaved Roast Beef w/ Carrot Raisin Salad	Chicken Vegetable Soup Chicken Pot Pie w/ Biscuit
ALTERNATE DINNER	Bacon Grinder	Seafood Salad	Pastrami Grinder	Chicken Ranch Pocket	Italin Grinder	Egg Salad Sandwich	Pulled Pork Pocket