

# GRACE BARKER HEALTH MENU

	<b>FRIDAY</b> January 8 <sup>th</sup>	<b>SATURDAY</b> January 9 <sup>th</sup>	<b>SUNDAY</b> January 10 <sup>th</sup>	<b>MONDAY</b> January 11 <sup>th</sup>	<b>TUESDAY</b> January 12 <sup>th</sup>	<b>WEDNESDAY</b> January 13 <sup>th</sup>	<b>THURSDAY</b> January 14 <sup>th</sup>
<b>BREAKFAST</b>	English Muffin Fried Egg Sausage	Danish w/Scrambled Eggs	Bacon w/Scrambled Eggs	Omelet w/Home Fries	French Toast w/Scrambled Eggs	Muffin of the Day w/Fried Egg & Sausage	Pancake w/Boiled Egg
<b>LUNCH</b>	Meatballs & Pasta Italian Green Beans	Chicken Cordon Bleu Whipped Sweet Potato Peas	Crab Cake Garlic Mashed Potato California Mixed Vegetable	Salisbury Steak Stuffed Potato Hawaiian Carrots	Baked Fish Pasta Carrots	Pot Roast Baked Potato Green Beans	Boiled Dinner Ham Boiled Potato Cabbage Carrots
<b>ALTERNATE LUNCH</b>	Battered Shrimp	Baked Fish	Pork Cutlet	Turkey Dinner	Sauté Chicken	Antipasto Salad Plate	Meatloaf Dinner
<b>DINNER</b>	Clam Chowder Seafood Salad Sandwich Cole Slaw	Chicken Rice Soup Hot Pastrami Grinder Potato Salad	Tomato Soup Hotdogs French Fries	Italian Wedding Soup Italian Grinder 3 Bean Salad	Beef Barley Soup Shaved Steak Sandwich Potato Chips	Sausage Bean Soup Grilled Cheese Carrot Raisin Salad	Chicken Vegetable Soup Chicken Ranch Pocket Side Salad
<b>ALTERNATE DINNER</b>	Turkey Sandwich	Chicken Cutlet Sandwich	English Muffin Pizza	Egg Salad Sandwich	Chicken Salad Sandwich	Tuna Fish Sandwich	Roast Beef Sandwich